Fall 2018
September - December
Youth & Adult | Classes | Sports
PRcity.com/Recreation
The Paso Robles Activity Guide has gone green in order to respect the environment & reduce costs.

This **Interactive Recreation Guide** will allow you to connect directly to the information for each class we offer with **one simple click**!

The Recreation Guide will also be mailed quarterly inside your City water bill.

Don’t receive a water bill?

Join our mailing list by emailing recservices@prcity.com or by calling (805) 237.3988.

**Registration is Easy!**

Sign-up for classes by visiting:

prcity.com/recreation

Register in person:

Centennial Park Registration Desk
600 Nickerson Drive (M-F, 12-5pm)

For more Registration Information **Click Here**

For our Printable Registration Form **Click Here**

Questions? Please call (805) 237.3988.

● Pre-registration strongly encouraged to avoid class cancellation
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Fall Recreation Fun!

Let’s Pretend!

All classes @ Centennial Park

NEW This is Halloween!
Welcome to Halloween Town! Make oogie boogie slime then create a Skellington head ornament with Sally. Costumes encouraged. Ages 4-13. Fri, Oct 26, 5-7pm. $15/$7 supply, $13 sibling/$7 supply. Live Oak Rm/Carmen Pangelinan

NEW Painting with the Princess
Create a masterpiece using a silhouette technique to paint the royal sun symbol on canvas. Supplies provided plus an apron to keep. Wear play clothes. Ages 3-10. Mon, Nov 19, 12:30-1:30 pm. $20/$7 supply, $15 sibling/$5 supply. White Oak Rm/Carmen Pangelinan

NEW Gingerbread Houses with Sparkles the Elf
It’s time to spread holiday cheer with Sparkles the Elf! There will be gingerbread houses to decorate, holiday face painting & seasonal balloon animals. Oh what fun! Ages 4-13. Fri, Dec 7, 4-5:30 pm. $30/$15 supply, $25 sibling/$15 supply. Live Oak Rm/Carmen Pangelinan

NEW Frozen Fun Coronation Party
Join Queen Elsa & Anna for a winter coronation. Cocoa, cider, cookies and chocolate will be served. Make an ice queen crown or Sven antlers, have your face painted & receive a balloon animal too. Ages 3-10. Thurs, Dec 20, 5-7 pm. $25/$5 supply. $20 sibling/$5 supply. Live Oak Rm/Carmen Pangelinan

Art, Music & Technology

All classes @ Centennial Park

Autumn Paper Crafts
Make a leaf book, flag book and a free-for-all paper sculpture. Ages 6+ (under 6 w/ adult). Wed 10/24 3:30-5pm. $5/Sibling $2.50. White Oak Rm/Beryl Reichenberg

Halloween Spooks Paper Crafts
Make a dancing skeleton and other spooks for Halloween. Ages 6+ (under 6 w/ adult). Mon 10/29 3:30-5pm. $5, Sibling $2.50. White Oak Rm/Beryl Reichenberg

Wiggle & Grow Family Class

NEW Ukulele 101
Learn several beginner songs with a patient teacher while gaining the confidence to play with others. 100+ page workbook includes lessons for over 20 songs. Ages 10+, Mon, 10/22-11/5, 6:30-8pm. $49 + $20 materials. Live Oak Rm/Brian Schwartz

Raytoons Classes
Register for more than one Raytoons class during the fall season and receive $5 off each additional class.

Cartooning
Create cartoon characters in a Sunday funnies style. Draw humorous simplified faces, figures, cartoon animals & more. Ages 7+, Mon, Oct 29 or Fri, Dec 21, 9:30am-3:30pm. $50 + $10 materials. Sibling $45 + $10 materials. Live Oak Rm (10/29) White Oak Room (12/21)/Ray Mullikin

Drawing Animal ‘Toons
Learn how to draw different creatures from the animal kingdom in a humorous Sunday funnies style. Ages 7+, Wed, Dec 26, 9:30am-3:30pm. $70 + $10 materials. Sibling $65 + $10 materials. White Oak Rm/Ray Mullikin

Internet Video Game Designers
Learn to create internet games to play on your computer or mobile device. No programming knowledge necessary. Ages 10+. Mon. Nov. 19, 10am-3:30pm $80 + $10 materials. Sibling $75 + $10 materials. Live Oak Rm/Ray Mullikin

Intro to App Creation
Learn to create games and applications using introductory graphical programming software. No programming knowledge necessary. Ages 10+. Fri. Dec 28, 10am-3:30pm $80 + $10 materials. Sibling $75 + $10 materials. Live Oak Rm/Ray Mullikin

Making Interactive Fiction Video Games
Students will learn how to make their own interactive Choose Your Own Adventure style stories with pictures, animation & sounds for Windows computers and devices. Ages 9+. Mon. Dec 31, 10am-3:30pm $70 + $10 materials. Sibling $65 + $10 materials. Live Oak Rm/Ray Mullikin
Video Game Character Animation Design
Learn to create video game characters as well as testing their movements & animations in a simple game environment. Ages 10+. Tues. Nov 20, Noon-5pm. $70 + $10 materials. Sibling $65 + $10 materials. White Oak Rm/Ray Mullikin

Video Game Creation
Learn to create an arcade or platform style video game like Super Mario or Space Invaders using introductory graphical programming software. Ages 10+. Mon. Oct 8 or Thurs Dec 27, 10am-3:30pm $80 + $10 materials. Sibling $75 + $10 materials. Live Oak Rm/Ray Mullikin

Crafting

NEW The Art of Henna
Learn special techniques to create designs using the ancient art of henna. Ages 12-adult. Mon, Sept 24 or Oct 22, 5:30-7:30pm. $25 + $10 materials. Live Oak Rm (Sept) & White Oak Rm (Oct)/Carmen Pangelinan

The Art of Soy Candle Making
Take home your hand poured soy candle at the end of this class that will take participants from preparation to pouring & personalizing your candle with unique embellishments. Thurs, one night class. Choose from: Sept 20, Oct 11, Nov 8, Dec 13, 6-8pm. $25 + $12 supply add $8 supply & make an extra candle. Centennial Kitchen/Becky Hallett

Beach Resin Art
Create a lovely beach scene using provided supplies & encased in glistening resin. Frame is 11 x 14”. Wed, Oct 3, 6-8pm. $25 + $50 supply fee. Live Oak Rm/Joan Martin Fee

Sea Glass & Wire Wrap Jewelry
Learn how easy it is to wire wrap sea glass to create a beautiful necklace & pierced earrings. All supplies provided/no experience necessary. Thurs, Sept 6, 6-8pm. $15 + $30 supply fee. Live Oak Rm/Joan Martin Fee

NEW Elegant Sea Glass Jewelry: Learn to Drill Holes
Learn how to drill holes in sea glass then make a stunning necklace & earrings accented with charms & beads. All supplies provided/no experience necessary. Tues, Oct 23, 6-8pm. $15 + $30 supply fee. Live Oak Rm/Joan Martin Fee

Make a Succulent Wreath
Make a gorgeous succulent wreath as a gift or to decorate for the holidays and beyond. Thurs, Sept 13, 6-8pm. $20 + $50 supply. Live Oak Rm/Joan Martin Fee

NEW Mosaic Holiday Tree
Learn mosaic basics to create a holiday tree in three hours. Thurs, Nov 15, 5:30-8:30pm. $15 + $45 supply. Live Oak Rm/Joan Martin Fee

NEW Succulent Holiday Tree
Bring the outdoors in this season with a beautiful succulent tree centerpiece. Tues, Dec 18, 6-8pm. $15 + $55 supply. Live Oak Rm/Joan Martin Fee

NEW Resin Holiday Tree
Design a holiday tree choosing from an assortment of glass & beach theme items then encase in resin. Thurs, Dec 6, 6-8pm. $25 + $50 supply fee. Live Oak Rm/Joan Martin Fee

NEW Resin Holiday Tree
Design a holiday tree choosing from an assortment of glass & beach theme items then encase in resin. Thurs, Dec 6, 6-8pm. $25 + $50 supply fee. Live Oak Rm/Joan Martin Fee
**Aquatics**

All classes @ Municipal Indoor Warm Water Pool

**Baby Seals Swim Academy**

With Steffi Saul-Ketzelz

**Infant Survival**

Infants learn to roll over from face down float fully clothed in case of a fall into water. Ages 6-12M. One-on-one lessons 3 days/wk. M, W, Sat. 7-9:15am, Tues/Thurs 7-8:30am, Sat. 7am-1pm. $375/$65 registration fee

**Kinder Swim**

Results in weeks not years! Children learn the swim-float-sequence learn to swim independently. Ages 1y-8y. M, W, F 7-9:15am, Tues/Thurs 7-8:30am, Sat. 7am-1pm. $600/$65 registration fee

**Maintenance Lessons**

For graduates of Infant Survival Kinder Swim programs. Develop a lifelong love for swimming. Improve skills learned in private lessons. 6M-8Y. M, W, F 7-9:15am, Sat. 7am-1pm. $22/lesson, $92/4 lessons, $176/8 lessons

**Refresher**

Graduates of Infant Survival Kinder Swim can brush up on their skills with private refresher lessons. Ages 6M-8Y. M, W, F 7-9:15am, Tues/Thurs 7-8:30am, Sat. 7am-1pm. $25/1 lesson, $75/3 lessons, $150/6 lessons, $225/9 lessons

**Parent & Me**

Introduces your child to the joy of learning to swim in our warm water indoor pool. Safety, fun interaction with others. Ages 6M-3Y. Monthly (No Class 12/24, 26, 31). M, W 11-11:30am. $70/month December/$52/Andee Parker

**Let’s Move!**

All classes in this section happen at Centennial Park unless otherwise noted

**NEW Baby Yoga**

Explore practices that will help develop baby’s baby. We’ll incorporate gentle yoga, songs and baby massage into each class to stimulate developing brains. Ages 4-12M (pre-walking) their adults. Thurs, Oct 10, Nov 11, 11:00-11:30am. $48 + $2 materials or 2/wk/ $46 + $2 materials. All pricing for up to 4 family members. Banquet Room A/Vanessa Orr

**NEW Toddler & Kids Yoga**

Adults and little yogis gather together to share in the fun relaxation of yoga! We’ll explore practices we can do together to help build strong family/caregiver connections. Ages 1 (walking)-materials. All pricing for up to 4 family members. Banquet Room A/Vanessa Orr

**CaliKids Beginning Gymnastics & Tumbling**

Your child will have a blast while building strength improving balance, agility, flexibility coordination in a positive, non-competitive atmosphere. Ages 3-6Y. Thur. 5:30-6:15pm. Monthly. $39/month + $5 materials. 20% sibling discount. No Dec classes. Banquet B/Brittney Jones

**NEW CaliKids Ninja Warrior**

Join us for a fun-filled challenging session of jumping, crawling, leaping, balancing rolling. This class will focus on constantly changing obstacles for all skill levels. Ages 5-9Y. Thur. 6:30-7:15pm. $39/month + $5 materials. 20% sibling discount. No Dec classes. Banquet B/Brittney Jones

**NEW CaliKids Parent & Me**

Beginning Gymnastics

Little ones sing, dance, play games learn gymnastics skills. Strength, agility gross motor skills are improved during ever-changing weekly activities with parent/caregiver. Ages 1.5-3Y. Thur, Sept Nov (no class Oct/Dec) 4:30-5:15pm. $39/month + $5 materials. 20% sibling discount. Banquet B/Brittney Jones

**Central Cal Diving: Beginning**

Discover the fun of diving! Learn the basics of springboard diving. Instruction on jumping, hurdling, front/back dive somersaults. All abilities welcome. Ages 8-18. Sat 9:30-10:30am. 10 classes 8/18-11/10 for $65 or 5 classes (8/18-9/22 or 10/6-11/10) for $40. Municipal Pool Dive Well/Donna McRoy

**Central Cal Diving: Advanced**

Take your diving to the next level get ready for high school diving competition. Returning divers will continue to be challenged sharpen their skills. Ages 11-18. 10:30-noon. 10 classes 8/18-11/10 for $65 or 5 classes (8/18-9/22 or 10/6-11/10) for $40. Municipal Pool Dive Well/Donna McRoy

**FREE Drop-In Basketball**

Shoot hoops after school! Free admission drop-in for basketball for all ages at the Centennial Park Gym. Mon-Fri 3-5pm, Wed 2-5pm. *Time change in Dec TBD

**Karate**

Traditional Okinawan karate taught for self-defense, confidence, self-control discipline. Ages 4+. M/F 5:45pm, W/F 4-4:45pm. $80/monthly. $50 annual family registration to instructor. $10 Sibling discount. Karate uniform (GI) included. Banquet B/David Michelle Rogers.

**Kidd Love Soccer®**

**Session 1: Tues, Sept 18-Nov 13. Classes @ Barney Schwartz Park Softball Field 2 $119 (includes jersey)**

**Session 2: Tues, Dec 4-Jan 8. Classes @ Centennial Park Gym $68 (includes jersey) No Class 12/25 & 1/1

**Mommy/Daddy & Me Soccer**

Participate with your child in fun, age appropriate activities as they develop large motor and socialization skills. Ages 2-3½Y. 5:25-5:55pm (Session 1) or 6:15-6:45pm (Session 2)

**Tot Soccer**

Large motor skill development through fun soccer games. Intro for smaller children to the group setting. Ages 3½ -4Y. 6:05-6:35pm (Session 1) or Tot/Pre-Soccer 6:55-7:30pm (Session 2)

**Pre Soccer**

Learn basic techniques of the game build self-esteem through participation soccer activities. Learn to follow directions in a nurturing environment. Ages 4-5Y. 6:35-7:10pm (Session 1) or Tot/Pre-Soccer 6:55-7:30pm (Session 2)

**Soccer 1: Techniques & Teamwork**

Learn dribbling, passing, receiving, shooting, age specific defense. Fun skill games at every class! Ages 5-6Y. 4:30-5:15pm (Session 1) or 7:30-8:15pm (Session 2)

**Soccer 2: Skillz & Scrimmages**

Advanced skill building: dribbling, passing and shooting in a team-play format. Individual skill development at each class. Ages 7-10Y. 7:10-7:55pm (Session 1 only)

**Tennis: Beginning/Advanced Beginning**

For students who have had no previous instruction or want to review stroke fundamentals. Families youth ages 7+. Tues, 5-6pm. Sessions: Aug 28-Aug 18, Sept 25-Oct 16, Oct 23-Nov 13, Nov 27-Dec 18. $45/session, Centennial Tennis Courts/John Siemens

**Tennis: Intermediate**


**Let’s Learn!**

All classes @ Centennial Park

**NEW Critter Card Phonics**

Ensure your child’s success in reading by boosting their phonics skills. Students parents work together with Critter Cards to learn important reading skills. Ages 5-10. Thurs. Sept 27-Oct 18 or Oct 25-Nov 15. 3:30-4:30pm $20 + $30 materials. White Oak RM/Cheryl Brooks

**Online Drivers Ed course**

Learn the rules of the road DMV procedures with videos, animated driving scenarios sample test questions. Licensed instructor available for questions. DMV-approved certificate of completion. Ages 15+ Begin any time. $39/$34 sibling Erika Vieyra
**Aquatics**

**Municipal Indoor Warm-Water Pool**

**Aquafit**
Strength building, cardio workout in low-impact setting with benefits including increased mobility & flexibility. Physicians release may be required. Participants must be able to enter/exit pool independently. Ages 18+  
Register with instructor of your choice.  
*Andee:* Monthly M,W,F 9:30-10:15am, 10:15-11am, 1:45-2:30pm, 2:30-3:15pm. $65

**Lap Swim**
Enjoying the many benefits of an aquatic workout while swimming on your own at your own pace.  
Ages 18+ Monthly beginning 9/5. M,W,F 12-1pm $35/10 punch pass $65/20 punch pass/Andee Parker

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**General Interest**

**All classes @ Centennial Park**

**Ballroom Dance for Fun**
Ballroom dancing is great exercise fun for all ages! Class is for beginners through advanced as instructor customizes for each student. See online guide for dances to be taught each month. Ages 9+  
Sept-5, 6-Sept 10, 11-Oct 24, Nov 1, 2, 3, 10, 17, 24 Mon-Thurs. 6:30-7:30pm. $49 + $15 supply. Live Oak Rm/Don & Joyce Wells

**Ukulele 101**
Learn several beginner songs with a patient teacher while gaining the confidence to play with others. 100+ page workbook includes lessons for over 20 songs. Mon, 10/22-11/5, 6:30-8pm. $49 + $20 materials. Live Oak Rm/Brian Schwartz

**Line Dancing: Beg & Intermediate**
No partners needed for this dance class that’s a great workout and lots of fun. Dance to country, top 40, hip-hop, ballroom, swing & more! Ages 18+ Wed 8:30-10:30am, Tues 5:30-7:30pm. $50/10 punch pass. Banquet A/Tina Scarsella

**Photography: Location Shooting with Dean Crawford**
Improve your photos with tips from a professional. Practice on-location shooting on Saturdays. First and last meetings at Centennial Park. Sat locations announced at class. Basic digital camera knowledge required. Ages 18+  
Younger w/instructor permission. Sat 6, 8, 15, 1 Nov 1, 3, 10 19 Mon/Thur 6:30-8:30pm. Sat 1-5pm. $45 + $15 supply. $40 returning student. White Oak Rm Various Locations/Dean Crawford

**RV Workcamping for Beginners: Getting on the Road & Lessons Learned on the Road**
This 2-night class will prepare you to get on the road to great adventures combining volunteering or working, RV camping in spectacular locations. Ages 18+  
Sept 11, 12, 20 Oct 9 (Tues/Wed), or Nov 7-8 (Wed/Thurs), 7-9pm. $95 + spouse may enroll at no extra charge. Live Oak Rm/Don & Joyce Wells

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**Health & Fitness**

**All classes @ Centennial Park unless noted**

**Body in Balance for Active Aging**
Gentle strengthening exercises improve balance, breathing capacity, posture enhance overall health/vitality. Ages 55+ Monthly. Wed, 10-11am. $46/mo, $80/2 mo. Senior Center/Faye Baker

**Tai Chi Gong • Beginner**
Learn the basics of Tai chi, qigong (chi gung) & self-acupressure techniques to improve breathing, balance, circulation flexibility. Ages 18+ Monthly. Tues, 11:15am-12:15pm. $46/mo, $80/2 mo. Banquet B/Faye Baker

**Yang Tai Chi Chuan • Advanced**

**Total Body Workout**
Raise your heart rate while strengthening, toning, stretching, focusing on balance with great music lots of fun! First class is FREE! Ages 18+ Monthly, Every Wed 9-10am. $35/10 punch pass. Banquet B/Shelley Kelley

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**Sports & Leagues**

**Futsal Indoor Soccer • Co-Ed & Women’s Leagues**
Build skills, get a great workout and have a blast! Participants must register as team. Ages 16+ Monthly. Wed. Co-Ed league (no play 10/31, 11/21 12/26), 6:30-9:30pm or Fri. Women’s league, 7:30-9:30pm (no play 11/23 12/28). $150/team. Centennial Gym/Juan Ayala

**Pickleball**
Come join the fastest growing sport in America on the five dedicated courts. Paddles avail for use. Ages 18+ Mon through Sat, 8-11:30am. $70/July-Dec, $25/10 punch pass. Cent Pickleball Courts

**Volleyball • Co-Ed & Women’s Leagues**
Competitive league with 4-8 teams with top teams progressing to playoffs. Each team guaranteed 2 matches/night. Must register as team. Ages 13+ Mon, Women’s League Oct 1-Nov 5, 6:30-9:30pm or Thurs, Co-Ed League Oct 4-Nov 8, 6:30-9:30pm. $306/team Centennial Gym/Greg Cunningham

**FREE Noontime Basketball**
Make your lunch break count! FREE admission drop-in basketball at the Centennial Park Gym. Mon, Wed, Fri. Noon-1pm.
Please Join Us for a Fall Family Fun Fest

Free!

SAT SEPTEMBER 22, 2018

10AM-2PM

@ CENTENNIAL PARK

GAMES • ACTIVITIES • FOOD

Meet Our Instructors

Register for Classes
Thank you for viewing our online Recreation Guide. If you didn't find something that you were looking for please don't hesitate to call Recreation Services with your questions or comments at (805) 237.3988.

To learn more about other community activities and events happening through the Paso Robles City Library, the Senior Center and the YMCA, please follow the links below:

Learn about Paso Robles City Library programs at PRCity.com/library.

For Senior Center programs visit PRCity.com/seniors.

Find info about YMCA programs at sloYMCA.org.