


# June 2022

Paso Robles Senior Center

805-237-3880

270 Scott Street



MONDAY June 6		TUESDAY June 7		WEDNESDAY June 8		THURSDAY June 9		FRIDAY June 10	
8:30-9:30 Relaxation Yoga 9:00-4:00 Cribbage/Pinochle 11:30-12:00 Meals That Connect 12:30-4:30 Duplicate Bridge	L M DR DR	9:00-10:00 Flexercise 10:00-11:00 Walking Group 11:30-12:00 Meals That Connect 1:00-3:30 Mah Jongg	L O DR L	8:30-9:30 Relaxation Yoga <b>10:30-11:30 Chair Yoga w/ Lauren</b> 11:30-12:00 Meals That Connect 12:30-4:00 Party Bridge 1:30-3:30 Bingo 1:00-3:30 Slow & Social Mah Jongg	L L DR L DR M	9:00-4:00 Cribbage/Pinochle 11:30-12:00 Meals That Connect 12:30-4:30 Duplicate Bridge 12:00-1:00 Meditation & Mindfulness 2:00-4:30 Knitting By Appt. HICAP	M L DR DR L L V	8:30-9:30 Relaxation Yoga 11:30-12:00 Meals That Connect 12:30 Movie 1:00-4:00 PEDRO 1:00-3:00 Scrabble 1:00-4:00 Canasta	L DS L DS DR M
		Bob on Vacation		Please call to sign up for Chair Yoga 805-237-3880				<b>NO GRIEF SUPPORT IN JUNE</b>	
MONDAY June 13		TUESDAY June 14		WEDNESDAY June 15		THURSDAY June 16		FRIDAY June 17	
8:30-9:30 Relaxation Yoga 9:00-4:00 Cribbage/Pinochle 11:30-12:00 Meals That Connect 12:30-4:30 Duplicate Bridge 1:00-4:00 <b>Mixed Media with Page</b> 1:30-2:30 Sr. Advisory Meeting <b>NEW CLASS MIXED MEDIA</b>	L M DR DR DS L	9:00-10:00 Flexercise 9:00-9:50 <b>Emeritus Yoga w/ Doris*</b> 10:00-11:00 Walking Group 10:00-10:45 <b>Emeritus Chair Yoga*</b> 10:00-11:00 FoodBank Distribution 11:30-12:00 Meals That Connect 1:00-3:30 Mah Jongg <b>Bob on Vacation</b> Emeritus Chair Yoga NEW CLASS <b>Cuesta Emeritus Classes Begin</b>	L DS O L P DR L	8:30-9:30 Relaxation Yoga 9:00-10:00 <b>Emeritus Yoga w/ Paula*</b> 11:30-12:00 Meals That Connect 12:30-4:00 Party Bridge 1:30-3:30 Bingo 2:00-4:00 Sierra Bonita HOA Meeting	L DS DR DR M	9:00-4:00 Cribbage/Pinochle 9:00-9:50 <b>Emeritus Yoga w/ Doris*</b> 9:30-11:00 Brain Aerobics 10:00-10:45 <b>Emeritus Chair Yoga*</b> <b>Emeritus Drawing*</b> 11:30-12:00 Meals That Connect 12:00-1:00 Meditation & Mindfulness 12:30-4:30 Duplicate Bridge 2:00-4:30 Knitting 2:30-3:30 <b>Emeritus Hand-Held Devices*</b>	M DS L DS DS DR L DR L DS	8:30-9:30 Relaxation Yoga 11:30-12:00 Meals That Connect 12:30 Movie 1:00-4:00 PEDRO 1:00-3:00 Scrabble 1:00-4:00 Canasta	L DS L DS DR M
								<b>NO GRIEF SUPPORT IN JUNE</b>	
MONDAY June 20		TUESDAY June 21		WEDNESDAY June 22		THURSDAY June 23		FRIDAY June 24	
8:30-9:30 Relaxation Yoga 9:00-4:00 Cribbage/Pinochle 11:30-12:00 Meals That Connect 12:30-4:30 Duplicate Bridge <b>1:00-4:00 Mixed Media with Page</b> <b>NEW CLASS MIXED MEDIA</b>	L M DR DR DS	9:00-10:00 Flexercise 9:00-9:50 <b>Emeritus Yoga w/ Doris*</b> 10:00-10:45 <b>Emeritus Chair Yoga*</b> 10:00-11:00 Walking Group 11:30-12:00 Meals That Connect 1:00-3:30 Mah Jongg By Appt. Computers with Bob	L DS O DR L V	8:30-9:30 Relaxation Yoga 9:00-10:00 <b>Emeritus Yoga w/ Paula*</b> 11:30-12:00 Meals That Connect 12:30-4:00 Party Bridge 1:30-3:30 Bingo 1:00-3:30 Slow & Social Mah Jongg	L DS DR L DR M	9:00-4:00 Cribbage/Pinochle 9:00-9:50 <b>Emeritus Yoga w/ Doris*</b> 10:00-10:45 <b>Emeritus Chair Yoga*</b> <b>Emeritus Drawing*</b> 11:30-12:00 Meals That Connect 12:00-1:00 Meditation & Mindfulness 12:30-4:30 Duplicate Bridge 2:30-3:30 <b>Emeritus Hand-Held Devices*</b> 2:00-4:30 Knitting	M DS L DS DR L DR L	8:30-9:30 Relaxation Yoga 11:30-12:00 Meals That Connect 1:00-4:00 PEDRO 1:00-3:00 Scrabble 1:00-4:00 Canasta	L DS DS DR M
								<b>NO GRIEF SUPPORT IN JUNE</b>	
MONDAY June 27		TUESDAY June 28		WEDNESDAY June 29		THURSDAY June 30			
8:30-9:30 Relaxation Yoga 9:00-4:00 Cribbage/Pinochle 11:30-12:00 Meals That Connect 12:30-4:30 Duplicate Bridge 12:30-3:00 BUNCO <b>1:00-4:00 Mixed Media with Page</b> <b>Call to sign up for Bunco 805-237-3880</b> <b>NEW CLASS MIXED MEDIA</b>	L M DR DR DS L	9:00-10:00 Flexercise 9:00-9:50 <b>Emeritus Yoga w/ Doris*</b> 10:00-10:45 <b>Emeritus Chair Yoga*</b> 10:00-11:00 Walking Group 10:00-11:00 FoodBank Distribution 11:30-12:00 Meals That Connect 1:00-3:30 Mah Jongg By Appt. Computers with Bob	L DS L O P DR L V	8:30-9:30 Relaxation Yoga 9:00-10:00 <b>Emeritus Yoga w/ Paula*</b> 11:30-12:00 Meals That Connect 12:30-4:00 Party Bridge 1:30-3:30 Bingo	L DS DR L DR	9:00-4:00 Cribbage/Pinochle 9:00-9:50 <b>Emeritus Yoga w/ Doris*</b> 10:00-10:45 <b>Emeritus Chair Yoga*</b> <b>Emeritus Drawing*</b> 11:30-12:00 Meals That Connect 12:00-1:00 Meditation & Mindfulness 12:30-4:30 Duplicate Bridge 2:00-4:30 Knitting 2:30-3:30 <b>Emeritus Hand-Held Devices*</b>	M DS L DS DR L DR L DS		